

Ordering the RELEAS

- Before ordering the RELEAS you will need to measure the circumference of the hand and the wider of the two fingers to be supported in the splint, either the index or the long finger.
- Measurements are done in centimeters.
- Once you have your measurements, follow the instructions on Tiburon Medical Enterprises' website at <http://tiburonmed.com/>
- On the website you will read that you need to receive basic training to order the RELEAS. Reviewing this fitting guide and the training guide count as the basic training. You will not need to go to OT.org for the basic training to order the splint; however, the RELEAS training presentation at OT.org provides more in-depth information with training videos done in real-time.
- Please note that for more complex fitting and training questions you can e-mail Joseph Padova, OTR/L at Jpadova@einstein.edu to help problem solve your questions.

Finger support measurements

- Measure the circumference of the wider of fingers at the PIP.
- Depending on individual differences, such as chronic edema, or arthritic changes, although the wider of the digits is most frequently the long finger, there are times that the index finger is wider.
- It is important to note that the fingers supports are made from ORFICAST™ and can be cut down, warmed and formed for more contoured fit if needed.



Measurements for the finger supports are done in centimeters and correspond to the following sizes:.

- 7 cm or smaller, size 4.
- 7.1 cm to 8.9 cm, size 8.
- 9 cm to 12cm, size 12.
- .12 cm or larger, size 15.

Measure the circumference of the affected hand using the distal palmar crease as the landmark on the palm and the base of the knuckles for a dorsal landmark.



These measurements corresponds to the following sized RELEAS spica splints

- 17 cm circumference to 21 cm, order small /medium. If smaller order a pediatric sized RELEAS spica.
- 21.1 cm to 26 cm, order size large extra large.
- Because of the elastic nature of the latex free thumb spica, each splint and be stretched between 1 to 1.5 cm in addition to the above measurements if needed for daily in hand circumference from edema.