

# INSTRUCTIONS

## #20 STATIC PROGRESSIVE POSITIONING TO FLEX MP—PIP

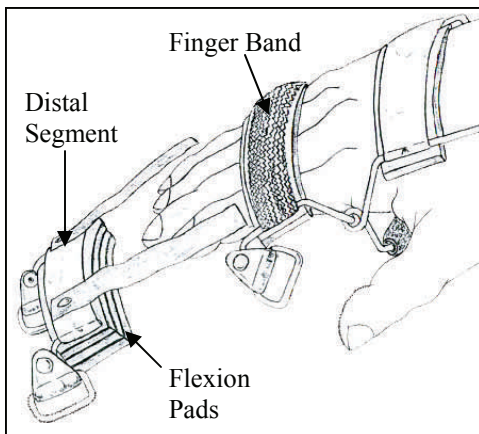
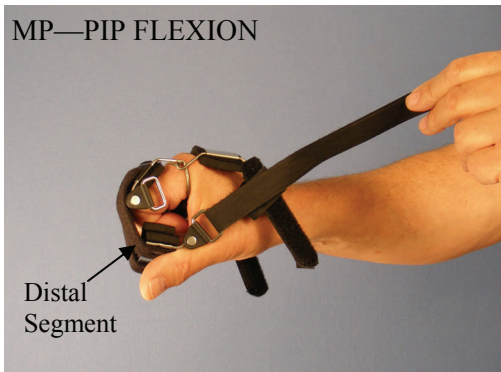
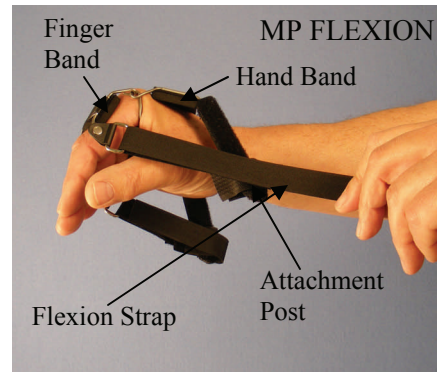
Provides static progressive positioning to help correct elastic extension contractures and joint tightness.

Contra indicated for: Fixed Contractures, Fragile Skin, Severe Edema, and Unhealed Fractures.

\*Tightening flexion strap will exert a force to flex MP—MP-PIP Joints. Adjust as needed. Range of motion should be increased very gradually, and tolerated by the patient. Excessive force can cause joint damage, skin breakdown, and pain. Do not be overly aggressive. Depending on condition of patient, establish an appropriate schedule for wearing, skin examination and amount of force.

### APPLICATION

Loosen flexion straps. Slide hand into splint. Position MP joints between finger and hand bands. Palmar bar in proper location.



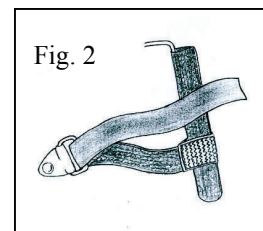
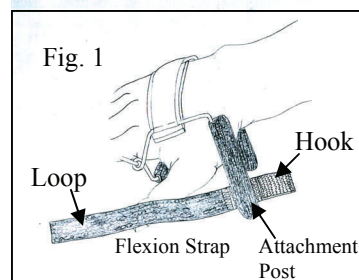
Attach Distal Segment to Finger Band  
Select proper placement. Use straps to attach to hook on finger band. Adjust as needed.

### Adjustments—

Add or subtract flexion pads.

Position flexion strap on attachment post for best line of force.

With loop facing out secure hook to medial side of attachment post (Fig 1). Fold over and secure hook to lateral side of attachment post leaving hook exposed (Fig 2).



### CLEANING

Clean with mild soap and damp towel. Use damp towel to remove excess soap. Air dry completely before reapplying.

◆Immediately contact your health care professional if you are experiencing loss of sensation, swelling, skin irritation, or have any questions or concerns.